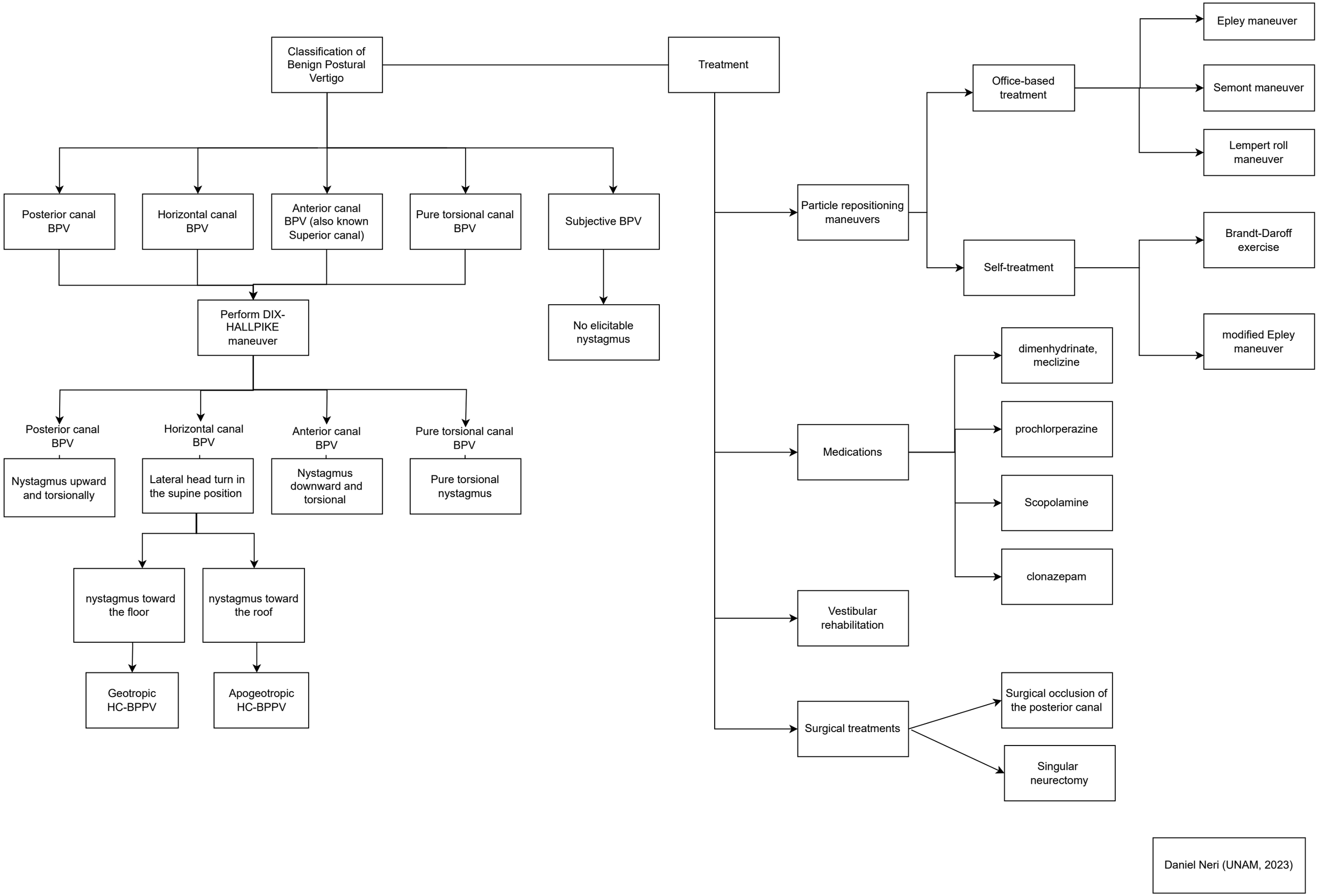
Classification of Benign Postural Vertigo
Posterior canal BPV
Horizontal canal BPV
Anterior canal BPV (also known Superior canal)
Pure torsional canal BPV
Subjective BPV
No elicitable nystagmus
Perform DIX-HALLPIKE maneuver
Posterior canal BPV
Horizontal canal BPV
Anterior canal BPV
Pure torsional canal BPV
Nystagmus upward and torsionally
Lateral head turn in the supine position
Nystagmus downward and torsional
Pure torsional nystagmus
nystagmus toward the floor
nystagmus toward the roof
Geotropic HC-BPPV
Apogeotropic HC-BPPV
Treatment
Particle repositioning maneuvers
Office-based treatment
Epley maneuver
Semont maneuver
Lempert roll maneuver
Self-treatment
Brandt-Daroff exercise
modified Epley maneuver
Medications
dimenhydrinate, meclizine
prochlorperazine
Scopolamine
clonazepam
Vestibular rehabilitation
Surgical treatments
Surgical occlusion of the posterior canal
Singular neurectomy
Daniel Neri (UNAM, 2023)